

# LANSING OLD TIMERS VOLLEYBALL RULES 2008

Illinois High School Rules will be used. Referees will make calls based on NFHS Volleyball Rules. If for some reason a question arises regarding a subject not covered in these rules, the decision of the referee presiding that match will rule. If a coach feels the decision made by the referee was incorrect, they should contact their Division Director following that match. (Do not sign the score sheet if you don't agree with the decision) If the coach is unable to reach their Director, then they should call an Executive Board Member regarding the matter.

## Courts

The court will be 60' L X 30' W for all Divisions. The height of the net will be between 7' and 8' from the ground. There will be a 6'ft clearance around the court of any obstructions, including spectators. Visitors get the coin toss and the non winning team from the 1<sup>st</sup> game will serve the second game. The choice for the winner of the coin toss is Serve or Side, NOT both.

## Service Area

The service area will be a maximum of 10' behind the end boundary. The service area is located behind the end line and from sideline-to-sideline. Servers may not be on or over the end line until after the ball is contacted on the serve. Only the beginners will be able to step into the court to the white line in order to serve.

## Rotation

Every player attending a game must be rotated in the game in the order written on the score sheet, unless he/she is being held out for unsportsmanlike conduct or an injury. If a coach is holding a player out of a game, the player must sit out the games consecutively. It is the coaches responsibility to notify the referee and the opposing coach before the match starts. The first server of the game is the person in the right back position. Therefore when there is a side-out, the other team will rotate and the right front position goes to serve. There is continuous rotation at all times. All late comers will be made to wait until the next game and will be put at the end of the line up.

## Forfeit / Rescheduling

Teams must have a minimum of 5-players to start the game. The first game of the match will be forfeited by either team that doesn't have enough players. Thereafter, the forfeiting team will have 15 minutes to get enough players, or the remaining 2 games will be forfeited also. No team is allowed to use players from other teams from their division. Senior Division Teams can only borrow from the Junior Division and Junior Division only from the Beginner Division. The player that is borrowed can only play for each team twice. When playing up, the player must play by that division rules. Players must be in their Lansing Old Timers Volleyball T-shirt. If neither team has the required number of players, the match will be replayed at a later date.

## Rain Outs

**CANCELLING THE GAMES BECAUSE OF WEATHER CONDITIONS IS UP TO THE HEAD REFEREE OR AN EXECUTIVE BOARD MEMBER.** If the weather is in question,

all the players and coaches need to be in attendance or the game will be considered a forfeit. Referees will notify coaches as soon as possible. Please try to play all games as scheduled. Summer showers are known to blow over quickly and games can be resumed. At the first sight of lightening games will be delayed. In the event that a make-up game is needed, please contact Adam Rosario. Please try to give Adam 3 days notice so he can arrange for an available court and schedule a referee.

### **Unsportsmanlike Conduct**

If in the referee's judgment there is an unsportsmanlike conduct by either a player or coach, the will be given a warning which is a yellow card. If a second warning is necessary, they will be given a red card and will be asked to leave the park for the remainder of the night. Either warning could result in a loss of a serve or point. If a player misses three consecutive games without a legitimate excuse, they will be dropped from the league and will forfeit their money. Profanity is not tolerated! Any player, coach, referee, or spectator using profanity will be asked to leave the premises. Heckling of the server is not tolerated. **THE REFEREE'S DECISION IS FINAL.**

### **Uniforms**

The uniform shirt must be worn by all players and the number must be visible at all times while on the court. Sweatshirts or long sleeve shirts can only be worn under the uniform shirt during the game not over. Players CANNOT play if they are not in uniform, including gym/tennis shoes (no high soles), and knee pads. NO jewelry may be worn, **NO EXCEPTIONS**. No tape over earrings, they must be removed. There are to be no clips, beads, bobby pins, etc. in the hair. Soft head bands may be used. A player cannot play with a hard cast or splints. Sunglasses may be worn if sunny, when not in use they need to be removed. Sun visors are not allowed at any time.

### **Equipment**

All equipment for the regular season practices will be stored at 2634 Indiana Ave., Lansing. The storage shed will be located on Escanaba Avenue. This shed will be locked at all times. The Head Coach of each team will be provided with the combination and will be expected to lock it up after they leave. Each team is allowed only one practice a week at the complex. This will give the 50 teams we have a chance to practice at the complex. All divisions can continue to practice at the local Lansing parks listed below. Coaches are to schedule practice times in the notebook found inside of the storage shed. Coaches are only to schedule practices two weeks in advance. Please try to keep practices for only one hour, two times per week, until school is out for summer break. Be courteous; call the coach from the other team if you schedule back-to-back practices. It is easier to share the responsibility of picking-up and returning the equipment this way! Please don't rely on the Equipment Manager to keep the equipment together. The bags are labeled for each park, so only take that bag for the one you are practicing at.

### **Parks**

Bock Park - 175<sup>th</sup> & Chicago  
LAN-Oak Park - 180<sup>th</sup> & Arcadia  
Erfert Park - 188<sup>th</sup> & Burnham  
Lions Park - 177<sup>th</sup> & Bernadine  
Kiwanis Park - 2101 182<sup>nd</sup> St.  
Rotary Park - 192<sup>nd</sup> & Wentworth (behind Oak Glen School)

## **Games**

All division games will be played at the Lansing Sports Complex located at 170<sup>th</sup> and Chicago Ave. Teams are to warm-up on their scheduled courts. Games are scheduled for 6:00pm for the Beginners Division on Monday and Wednesday. The games for the Junior Division will be 6:00pm, 7:00pm, and 8:00pm on Tuesday and Thursday. The games for the Senior Division will be 7:00pm, 8:00pm, and 9:00pm on Monday and Wednesday. There may be some games on Fridays so make sure you check your schedule. The referee will give a 2 minute warning prior to the end of each game. The referee will have a stop watch to keep accurate time of each game and the time will only stop for time-outs and injury.

## **Scoring**

The Beginners division will still play to 15 points or 15 minutes for all three games, with the cap at 17 points. However, the Junior and Senior division will play rally scoring to 21 points or 15 minutes for all three games. The cap will be 24 points for those divisions. All three games will be played, even if one team wins the first two games. At the end of the three games, both coaches and the referee must sign the official score sheet and place it in the mailbox located at the south entrance of the courts. All games will have a down ref which will keep the score sheet and scoreboard. \*This year the referee will pick the MOP (most outstanding player), not the coaches. Any questions ask the referees.

## **Time Outs**

There will be 2 time outs per game for 1 minute each per team. In the case of emergency or injury that a player needs to come out of the game, the team rotates once to fill the injured position. The injured player must wait until the next game to rejoin the line-up. Remember to check the score at each time-out to make sure it is correct.

*\*NEW RULE – Boys cannot play in the Lansing League their SENIOR year in high school because of their power and because the net is not set at the correct height.*

## **End of the Season Tournament**

Again this year we will be having a tournament at the end of the season. All teams will participate in the tournament. The tournament will be double elimination(which means that you need to lose two games to be out) and will be played the last week of July. The beginners will only have a single elimination tournament.